

## **Cataract Activity Centre**

## **Group Adventurous Day Themes**

Choose one of our themed Adventurous days or custom build your own adventure!

Theme	Activity 1	Activity 2	Activity 3
Summer Fun Adventure Day	Bush Art - Think about your surroundings differently and create art out of the seemly ordinary.	Water Slide - Experience our 40- metre water slide for loads of slip and sliding fun.	Archery - Learn and hone your archery skills. We will teach you how to use recurve bows and arrows in a variety of target practice and games.
Survivor Adventure Day	Pioneering - Build a ballista using your newly acquired knot tying and building skills. Compete in a variety of challenges to test your construction skills!	Orienteering - Navigate through the bush using maps, compasses and land features. The course will challenge your teams while you find the hidden codes and compete.	Bush Craft - Learn how to survive in our natural environment. From building shelters to discovering bushfoods and learning about the environment.
Ultimate Challenge Adventure Day	Team Rescue – Participants navigate through a low ropes style course while completing our team rescue challenge.	Caving - Work your way through a mix of natural and man-made maze of caves with tight squeezes and crawl-throughs.	Challenge Valley - This obstacle course features 14 different elements ranging from climbing to tunnel crawling, water holes and mud pits, all dotted along a 1.5- kilometre track.

## \*Example Only

Your Group Adventure Day will be fully led by our professional instructors; adult supervision is required to assist in group management 1 adult per 20 youth participants. All activity equipment will be cleaned during the day as per our COVID-19 Industry approved plan. \*Minimum number of 20 participants required.

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\*Conditions apply – contact us for more details on (02) 46316697

February 2023