



SCHOOL 3 Day/2 Night Camp

Example Menu

Day1

Morning Tea - Fresh fruit, muffins, vegetable sticks and hummus.

Lunch - Toasted assorted Turkish bread filled with chicken, mayonnaise, cheese, ham and tomato or roast pumpkin, spinach and cheese served with fresh garden salad.

Afternoon Tea - Mini spring rolls, mini pies, fresh fruit and homemade slice.

Dinner - Chicken schnitzel, chips, coleslaw and garden salad.

Dessert - Sticky date pudding and butterscotch.

Day2

Hot Breakfast – Bacon, hash brown, scrambled egg, baked beans, toast and an assortment of cereals, milk and fresh whole fruit available.

Morning Tea - Fresh fruit, banana bread, vegetable sticks and dip.

Lunch - Build your own burger; beef, chicken or vegetable patties, cheese, lettuce, tomato, beetroot, sauces and fresh fruit available.

Dinner - Spaghetti bolognese, mixed seasonal vegetables and garlic bread.

Dessert - Chocolate cake and custard.

Day3

Continental Breakfast – an assortment of cereals, milk, toast, condiments and fresh whole fruit available.

Morning Tea - Homemade slice or muffin.

Lunch – Chicken caesar wraps and fresh whole fruit.

Cordial and water available.
Teacher's tea and coffee available.