

Group Adventure Day

Challenge yourself to a thrilling
adventure!



Cataract Activity Centre

Group *Adventurous* Day Themes

Choose one of our themed *Adventurous* days or custom build your own adventure!

Program Theme	Activity 1	Activity 2	Activity 3
Summer Fun Adventure Day	Bush Art - Think about your surroundings differently and create art out of the seemingly ordinary.	Water Slide - Experience our 40-metre water slide for loads of slip and sliding fun.	Archery - Learn and hone your archery skills. We will teach you how to use recurve bows and arrows in a variety of target practice and games.
Survivor Adventure Day	Pioneering - Build a ballista using your newly acquired knot tying and building skills. Compete in a variety of challenges to test your construction skills!	Orienteering - Navigate through the bush using maps, compasses and land features. The course will challenge your teams while you find the hidden codes and compete.	Bush Craft - Learn how to survive in our natural environment. From building shelters to discovering bushfoods and learning about the environment.
Explorers Adventure Day	Bush Walk – Navigate and walk through our amazing site and Lane Cove National Park including sections of the Great North Walk.	Team Rescue - Navigate through a low ropes style course while completing the ultimate team building activity.	Caving - Work your way through a mix of natural and man-made maze of caves with crawl-throughs and optional tight squeezes.
Ultimate Challenge Adventure Day	Scavenger Hunt – Using a map and cryptic clues to find the hidden codes and compete with other teams.	Ok Go Challenge - Build a chain reaction machine just like the band OK-GO in their music video 'This too shall pass'	Challenge Valley - This obstacle course features 14 different elements ranging from climbing to tunnel crawling, water holes and mud pits, all dotted along a 1.5-kilometre track.

*Example Only

Your Group Adventure Day will be fully led by our professional instructors; adult supervision is required to assist in group management 1 adult per 20 youth participants. All activity equipment will be cleaned during the day as per our COVID-19 Industry approved plan. *Minimum number of 20 participants required.

csbookings@nsw.scouts.com.au <https://cataract.nsw.scouts.com.au/>

*Conditions apply – contact us for more details on (02) 46316697

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